

**40 DAYS
OF PRAYER
& FASTING
PRAYER
GUIDE**

5TH WEEK
EXERCISING DOMINION



40 DAYS OF POWER

WITH PASTOR MENSA OTABIL

22 JUNE - 31 JULY 2023



@MENSAOTABIL @ICGCCHRIST MYICGC APP

HELPFUL HINTS FOR FASTING

*The practice of regular fasting is a normal Christian behaviour taught by Jesus. In **Matthew 6:16–18**, Jesus provided guidelines for fasting. Fasting was also practiced by the early church as evidenced in **Acts 13:2**. It has been the regular discipline of believers throughout church history.*

Fasting has physical as well as spiritual benefits. It must be embarked on with spiritual commitment and wisdom. Everything should be done to the glory of God.

Do's Of Fasting

1. Prepare your body for the fast; cut back on food portions and eat smaller meals a few days prior to the fast.
2. Prevent constipation during and after the fast by eating fresh fruit and raw vegetables, fruit or vegetable juices, oatmeal, etc.
3. Drink lots of water when fasting.
4. Seek medical advice before the fast if you have any existing health conditions.
5. You can fast in many different ways. For example, a Daniel fast is one in which you consume only vegetables and water throughout. Pray and ask God what He will give you faith for the duration of the fast.
6. Have a clear target as your prayer focus. Without a vision or clear goal, the people perish. Write down your vision for the fast so you can run with it (**Habakkuk 2:2**).
7. Take time to pray and read the word. This may seem obvious, but busyness and distractions can keep you from daily devotions. Expect to hear God's voice in the word, dreams, visions, and revelations. Daniel prepared himself to receive revelation through fasting (**Daniel 10:1–2**).
8. Break your fast gradually. At this point you will need to exercise watchful self-control. Break your fast on a meal that is light and easy to digest (i.e., broth, a shredded apple, watermelon, or steamed vegetables).
9. Prepare for opposition. Satan tempted Jesus on the fast, and we must expect the same. Discouragement may come but take your stand on the victory of Christ.

Don'ts Of Fasting

1. Avoid high-fat and sugary foods before the fast.
2. Abstain from strong stimulants such as caffeinated and sugary drinks during a fast, including the artificial sweeteners found in diet drinks.
3. It is important after a fast to control your cravings and avoid overeating and nullifying the gains made during the fast.

I am excited that you are joining me on this fast. Commit to staying the course and fasting from the beginning to the end. I believe that God's glory will envelope our nation in a supernatural way as we wait upon the Lord.





40 Days of Power is with us once again. We have traveled halfway through 2023, and it is that time of the year when we consecrate ourselves unto the Lord and seek His face with fasting and prayer. This annual, 40-day commitment is an important feature on the calendar of the International Central Gospel Church, and it has also become an important spiritual journey for several people around the world.

God continues to shower His grace and mercy upon His people as they call upon Him in corporate prayer. From the experiences of people in Bible times through to present day, His response to consecration and prayer remains the same – He hears from heaven, He forgives their sin, and He heals their land (2 Chronicles 7:14). So year after year, we record testimony after testimony of lives that have been touched with the joy of salvation, healing, deliverance, and total transformation as they join in prayer. Men, women, and children alike share these joy-inspiring testimonies.

40 Days of Power this year starts from Thursday, 22nd June 2023, and ends on Monday, 31st July 2023. Members of ICGC and Christians across the globe will fast and pray. We will trust the Lord to stretch forth His hands and touch us in our personal lives, families, the church, and the nations of the world.

This year, the corporate prayer each weekday will have four bands. The first will start at 5 am and run till 8 am.

There will be a break till the second session commences from 11:30 am to 1 pm. Thirdly, there will be in-person only evening prayer services from 6 pm to 8 pm. You can visit an ICGC assembly close by to participate in these services. Finally, we will end each weekday with our late night session of intense intercession from 10 pm to 11 pm. The late-night prayer sessions were a great blessing to the many who tuned in and prayed along last year.

Each year, we provide this prayer guide to help participants pray in a guided, effective, and expansive manner. Weekly themes and daily sub-themes with accompanying scriptures have been outlined to ground our prayers. Scriptures are given for morning and evening reflections, and prayer segments are divided into consecration, guidance, protection, global missions, work and career, and gathering. There are also scripturally-founded declarations to affirm each day as we pray. This guide will enrich your fasting and prayer experience.

As you fast, commit to doing so wisely and healthily for the physical and spiritual benefits that are to be gained. Some helpful tips on effective fasting have been included in the guide.

2023 is our year of Gathering in ICGC. As we embark on this spiritual journey together, may we gather every fragment due us, and may no treasure of ours be lost.

May the Lord hear your prayers and answer them speedily!

Shalom!





WEEK 5
EXERCISING DOMINION



MADE FOR DOMINION

You have made him to have dominion over the works of Your hands; You have put all things under his feet. (Psalms 8:6)

DAY 26 - JULY 17

Morning Reflection

Psalms 8:6-9

You have made him to have dominion over the works of Your hands; You have put all things under his feet, all sheep and oxen-even the beasts of the field, and the fish of the sea, that pass through the path of the seas. O Lord, our Lord, How excellent is Your name in all the earth!

Consecration

1. Praise the Lord for the excellency of His Name in all the earth.
2. Bless the Lord for creating you in His image and likeness; thank Him for setting you apart for His use.
3. Ask God to make you a faithful steward over all that He has entrusted in your care.
4. Declare that every seed God has deposited in you will be fruitful and you will gather a great harvest.

Guidance

5. Ask the Lord to help you discern His voice and make you attentive to His instructions and statutes.
6. Ask God to open your eyes to see who He has made you to be and enable you to rise and take charge of your purpose.
7. By faith, declare you have confidence and boldness to possess all your possessions in Christ Jesus.
8. Declare that, by the authority and dominion given you by God, your life will bring Him Glory.

Protection

9. By faith, affirm that no weapon formed against you shall prosper.
10. Boldly declare, you have power to tread upon snakes, scorpions and overturn all powers of darkness.
11. Declare that sin has no dominion over you.
12. Declare that you and your household are covered by the blood of Jesus against strange diseases and sickness.

Declaration

I thank God for creating me in His image and likeness and giving me dominion over all His creations. By faith, I take charge of my authority as a believer and exercise it in fulfilling my calling and purpose in Christ Jesus. I will be fruitful in all my endeavors. In Jesus's Name. Amen.

Global Missions

- a. **Namibia**
- b. **Nauru**
- c. **Nepal**
- d. **Netherlands**
- e. **New Zealand**

- 13. Pray that the gospel will be preached extensively in **Namibia** and that many will receive Christ.
- 14. Ask the Lord to restore biblical faith throughout the churches in **Nauru**.
- 15. Pray for the preservation of believers in **Nepal**; declare that neither the laws of man nor threats of violence will deter them from sharing the gospel
- 16. Pray for **Netherlands** and ask God for a revival that will restore the nation spiritually.
- 17. Pray for an outpouring of the His Holy Spirit in the Churches in **New Zealand**.

Work and Career

- 18. Rebuke every spirit of retrogression and stagnation in your area of work and business.
- 19. Ask God for strength to overcome every spirit of fear and timidity hindering you from breaking into new frontiers in your career life.
- 20. Prophesy your elevation above every limitation and hindrance to your promotion in your workplace.
- 21. Declare by faith that the works of your hands prosper and increase exceedingly.

Gathering

- 22. Ask the Lord for the spirit of perseverance and persistence in times of difficulty; declare victory over every mountain that confronts you.
- 23. Ask the lord to break every cycle of hardship and insufficiency; declare you have entered into a season of abundance.
- 24. Declare every aspect of your career and business will yield a hundredfold blessing.
- 25. Intercede for the salvation and gathering of multitudes into the church.

Declaration

I thank God for blessing the work of my hands. I declare I am the head and not the tail. I rise above every hindrance and limitation victoriously. In Jesus' Name. Amen.



Scripture for Reflection
Genesis 1:26-28

Then God said, "let Us make man in our image, according to our likeness; let them have dominion over the fishes of the sea, over the birds of the sir, and over the cattle, over all the earth and over every creeping thing that creeps on the earth. So God created man in His own image; in the image of God He created them, and God said to them, "Be fruitful and multiply, fill the earth and subdue it; have dominion over the fishes of the sea, over the birds of the air, and over every living thing that moves on the earth."

Declaration

*I declare this is my season of power and dominion. I have all that pertains to life and godliness. Therefore, I will increase, multiply and prosper in all that I do. I am the salt of this earth and the light to this world; I will impact and influence my generation and bring glory to the Lord in Jesus' Name. **Amen.***





REIGNING IN LIFE

For if by the one man's offense death reigned through the one, much more those who receive abundance of grace and of the gift of righteousness will reign in life through the One, Jesus Christ. (Romans 5:17)

DAY 27 - JULY 18

Morning Reflection

Romans 5:1-5

Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, through whom also we have access by faith into this grace in which we stand, and rejoice in hope of the glory of God. And not only that, but we also glory in tribulations, knowing that tribulation produces perseverance; and perseverance, character; and character, hope. Now hope does not disappoint, because the love of God has been poured out in our hearts by the Holy Spirit who was given to us.

Consecration

1. Thank God for justifying you through the finished work of our Lord Jesus Christ.
2. Ask God to strengthen you to overcome every temptation and desire of the flesh
3. As God to help you submit your will to the Holy Spirit everyday.
4. Ask God for grace to enable you live righteously for him in everything you do.

Guidance

5. Commit your plans, projects, career and aspirations into God's hands and ask Him to direct your path.
6. Pray for God's direction in every decision you are making.
7. Pray to God to make you spiritually sensitive to His voice and leading at all times.
8. Ask God to help you discern between your emotions and the voice of the Holy Spirit.

Protection

9. Commit your life into God's hands and ask Him to uphold you by the power of His might.
10. Ask God to build a hedge of fire and protection around you and your household.
11. Rebuke every spirit of fear in your heart and declare the peace of God over your mind.
12. Ask God to deliver you from every form of evil and demonic agenda.



Declaration

Thank you Lord, that I am justified before you by faith. I have full access into God's grace and a hope that does not disappoint. I declare that my steps are ordered by God and I walk under divine protection, now and forevermore. In Jesus' name. Amen.

Global Missions

- a. **Nicaragua**
- b. **Niger**
- c. **Nigeria**
- d. **Norway**
- e. **Oman**

- 13. Pray for peace in **Nicaragua**; declare that every hindrance to the propagation of the gospel will be halted.
- 14. Pray for the church in **Niger** and declare the end of every violence and terrorist attack against Christians.
- 15. Pray that God will empower the church in **Nigeria** to overcome every political, economic and leadership failure in the nation.
- 16. Pray that the banner of Christ and His righteousness will forever be exalted in **Norway**.
- 17. Intercede for the nation of **Oman**; declare that its people will come to the saving knowledge of our Lord and Saviour Jesus Christ.

Work and Career

- 18. Commit your career into God's hands and ask him to guide you in your chosen profession.
- 19. Ask God to empower you by His grace and prosper the works of your hands.
- 20. Pray for the spirit of wisdom, skill and excellence to enable you succeed in your work.
- 21. Ask God to open new doors of opportunity for you in your career and business.

Gathering

- 22. Declare a thousand-fold multiplication of every resource in your hands.
- 23. Pray for grace and wisdom to help you maximize every opportunity and blessing God has given you.
- 24. Declare that the blessings God has given you will not be lost or wasted.
- 25. Pray for family members and friends who do not know Christ to come to the saving knowledge of Jesus.

Declaration

I thank you Father for the blessing of increase in my life and your power at work in the nations of the world. I decree over my life, that I will reign in the area of career, family, finances, and ministry in Jesus Name, Amen.

Scripture for Reflection
Deuteronomy 28:9-13

"The Lord will establish you as a holy people to Himself, just as He has sworn to you, if you keep the commandments of the Lord your God and walk in His ways. Then all peoples of the earth shall see that you are called by the name of the Lord, and they shall be afraid of you. And the Lord will grant you plenty of goods, in the fruit of your body, in the increase of your livestock, and in the produce of your ground, in the land of which the Lord swore to your fathers to give you. The Lord will open to you His good treasure, the heavens, to give the rain to your land in its season, and to bless all the work of your hand. You shall lend to many nations, but you shall not borrow. And the Lord will make you the head and not the tail; you shall be above only, and not be beneath, if you heed the commandments of the Lord your God, which I command you today, and are careful to observe them.

Declaration

*I thank you Lord for your promises concerning my life. I decree that I will be the head and not the tail. I will be above only and not beneath. I will lend to nations and not borrow. I thank you Lord that by faith I have access to your grace in Jesus' Name. **Amen.***





SIGNS AND WONDERS

And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; 18 they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.” (Mark 16:17-18)

DAY 28 - JULY 19

Morning Reflection

Mark 16:9-18

Now when He rose early on the first day of the week, He appeared first to Mary Magdalene, out of whom He had cast seven demons. She went and told those who had been with Him, as they mourned and wept. And when they heard that He was alive and had been seen by her, they did not believe. After that, He appeared in another form to two of them as they walked and went into the country. And they went and told it to the rest, but they did not believe them either. Later He appeared to the eleven as they sat at the table; and He rebuked their unbelief and hardness of heart, because they did not believe those who had seen Him after He had risen. And He said to them, “Go into all the world and preach the gospel to every creature. He who believes and is baptized will be saved; but he who does not believe will be condemned. And these signs will follow those who believe: In My name they will cast out demons; they will speak with new tongues; they will take up serpents; and if they drink anything deadly, it will by no means hurt them; they will lay hands on the sick, and they will recover.”

Consecration

1. Thank God that the death and resurrection of His son Jesus Christ has qualified us to be called his children.
2. Pray for grace to live a life that is pleasing to God and brings glory to His name.
3. Commit every weakness, addiction and sinful behaviour in your life into God’s hands; ask for his strength to overcome them.
4. Ask God for the spirit of discipline and self-control to resist every temptation that comes your way.

Guidance

5. Ask God to order your steps by the light of His word.
6. Pray to God to constantly lead you in the path of righteousness.
7. Ask God to be your pillar of cloud by day and your pillar of fire by night.
8. Commit your future into God’s hands and ask for his purpose and will to be done in your life.

Protection

9. Mark your household and possessions with the blood of Christ; declare that no evil or calamity shall come near your dwelling.
10. Confess today that no weapon fashioned against you will ever prosper in Jesus’ name.
11. Ask God to command His angels concerning you to protect you as you go through your daily activities.
12. Ask God to watch over you and cover your household with his mighty wings.

Declaration

I thank you God for your blessings today. I commit my life into your hands. I declare that my actions and decisions are ordered by you. I declare that nothing shall harm me and my household. In Jesus' name. Amen.

Global Missions

- a. **Pakistan**
- b. **Palau**
- c. **Panama**
- d. **Papua New Guinea**
- e. **Paraguay**

- 13. Pray that the truth and power of the gospel will reach the nation of **Pakistan**; declare that all who hear the good news will turn to Christ
- 14. Pray for the church in **Palau** to be strengthened in the word of God and in the power Holy Spirit.
- 15. Pray that God's righteousness will be established in the land of **Panama** and cause the nation to be exalted.
- 16. Pray that God's throne will be established in **Papua New Guinea**; declare that the gates of hell will not prevail against God's people.
- 17. Pray for the church in **Paraguay** to be a shining light overcoming all forces of darkness in the nation.

Work and Career

- 18. Ask God to release his rain upon the works of your hand and cause your business to flourish
- 19. Commit every challenging situation in your life into God's hands and ask him for wisdom and grace to overcome them.
- 20. Pray for cutting-edge ideas and business solutions that will launch you into global prominence.
- 21. Ask God for great career and business opportunities; declare that you will be divinely favoured.

Gathering

- 22. Thank God for his blessings upon your life and that of your family.
- 23. Ask God to fill you with the spirit of faith and enable you to see his power manifest in your life.
- 24. Pray for God to use you as a vessel to win many souls into His kingdom.
- 25. Ask God to rekindle every dormant gift in your life.

Declaration

I thank you Lord for the salvation of souls throughout the nations of the world. I declare that I am fruitful in my mind and in the work of my hands. I receive cutting-edge ideas and solutions that will change the world. My gifts and talents will not be wasted in Jesus Name. Amen.

Scripture for Reflection

Luke 17:5-6

And the apostles said to the Lord, "Increase our faith." So the Lord said, "If you have faith as a mustard seed, you can say to this mulberry tree, 'Be pulled up by the roots and be planted in the sea,' and it would obey you."

Declaration

*Thank you, heavenly father for your power at works in me. I have authority over every challenge that rises against me. I am anointed for signs and wonders. I am marked for greatness and exploits in Jesus Name. **Amen.***



REBUKE THE WIND

But He said to them, "Why are you fearful, O you of little faith?" Then He arose and rebuked the winds and the sea, and there was a great calm. So the men marveled, saying, "Who can this be, that even the winds and the sea obey Him?" (Matthew 8:26-27)

DAY 29 - JULY 20

Morning Reflection

Matthew 8:23-26

Now when He got into a boat, His disciples followed Him. 24 And suddenly a great tempest arose on the sea, so that the boat was covered with the waves. But He was asleep. Then His disciples came to Him and awoke Him, saying, "Lord, save us! We are perishing!" But He said to them, "Why are you fearful, O you of little faith?" Then He arose and rebuked the winds and the sea, and there was a great calm. So the men marveled, saying, "Who can this be, that even the winds and the sea obey Him?"

Consecration

1. Thank God for His power at work in you and thank Him that the storms of your life are stilled in Jesus' name.
2. Pray for strength to remain anchored in God in spite of the storms that come against you.
3. Commit your life into God's hands; ask Him to order your steps into His purpose.
4. Submit every aspect of your life into God's hands and ask Him to reign over your life.

Guidance

5. Ask the Lord for guidance and direction in the midst of the storms of life.
6. Declare that you will receive understanding of God's purpose for your life at all times.
7. Ask God to grant you revelations in His word that will make you victorious in life.
8. Pray to God for grace to live a life pleasing to Him.

Protection

9. Pray and cancel every evil agenda of the enemy against your life.
10. Pray for God's covering over your life, family, business and ministry.
11. Declare that you will trample over serpents and scorpions and over all the works of the enemy and they will by no means harm you.
12. Ask the Lord to give you the faith to silence the storms of life.

Declaration

*I declare that no wind that the enemy stirs up will disrupt God's plan for my life. By faith, I receive authority to rebuke every storm and enforce God's will for my life. I am divinely protected and guided in Jesus's name. **Amen.***

Global Missions

- a. **Peru**
- b. **Philippines**
- c. **Poland**
- d. **Portugal**
- e. **Qatar**

- 13. Pray that Christians in **Peru** will remain strong in the face of opposition and attacks.
- 14. Pray for the growth and multiplication of the churches in **Philippines**.
- 15. Pray that the church in **Poland** will become a beacon of hope in the nation as they confront oppression.
- 16. Pray that Christians in **Portugal** will catch a vision for missions in the all Portuguese-speaking nations.
- 17. Pray for **Qatar** and ask God to open doors for Muslims to hear and receive the Gospel.

Work and Career

- 18. Pray and silence any storm that rises in your career or business.
- 19. Declare that God's purpose for your work and career will come to pass.
- 20. Ask the Lord for favour to be divinely connected to people in places of authority.
- 21. Pray that God will grant you wisdom to overcome economic challenges.

Gathering

- 22. Pray for strategic opportunities for gathering financially.
- 23. Pray for increased opportunities for winning souls into God's kingdom.
- 24. Declare that you will not miss your season of harvest.
- 25. Pray for wisdom and spiritual empowerment to overcome every wind against God's purposes for your life.

Declaration

*I declare that the kingdoms of this world have become the Kingdom of our Lord and Christ. I declare that my career is expanding. The power of God will come upon my business and I receive grace to gather my blessing this year in Jesus' name. **Amen.***

Scripture for Reflection
Psalms 91:3-13

Surely, He shall deliver you from the snare of the fowler and from the perilous pestilence. He shall cover you with His feathers, and under His wings you shall take refuge; His truth shall be your shield and buckler. You shall not be afraid of the terror by night, nor of the arrow that flies by day, nor of the pestilence that walks in darkness, nor of the destruction that lays waste at noonday. A thousand may fall at your side, and ten thousand at your right hand; But it shall not come near you. Only with your eyes shall you look, and see the reward of the wicked. Because you have made the Lord, who is my refuge, even the Most High, your dwelling place, no evil shall befall you, nor shall any plague come near your dwelling; for He shall give His angels charge over you, to keep you in all your ways. In their hands they shall bear you up, lest you dash your foot against a stone. You shall tread upon the lion and the cobra, the young lion and the serpent you shall trample underfoot.

Declaration

*I declare this is my season of victory over all the works of the enemy. I rebuke every evil wind targeted against my life. I declare God's peace over my household. I am blessed on all sides in Jesus name, **Amen.***



OPEN THE WAY

He also took up the mantle of Elijah that had fallen from him, and went back and stood by the bank of the Jordan. Then he took the mantle of Elijah that had fallen from him, and struck the water, and said, "Where is the Lord God of Elijah?" And when he also had struck the water, it was divided this way and that; and Elisha crossed over. (2 Kings 2:13-14)

DAY 30 - JULY 21

Morning Reflection

2 Kings 2:9-14

And so it was, when they had crossed over, that Elijah said to Elisha, "Ask! What may I do for you, before I am taken away from you?" Elisha said, "Please let a double portion of your spirit be upon me." So he said, "You have asked a hard thing. Nevertheless, if you see me when I am taken from you, it shall be so for you; but if not, it shall not be so." Then it happened, as they continued on and talked, that suddenly a chariot of fire appeared with horses of fire, and separated the two of them; and Elijah went up by a whirlwind into heaven. And Elisha saw it, and he cried out, "My father, my father, the chariot of Israel and its horsemen!" So he saw him no more. And he took hold of his own clothes and tore them into two pieces. He also took up the mantle of Elijah that had fallen from him, and went back and stood by the bank of the Jordan. Then he took the mantle of Elijah that had fallen from him, and struck the water, and said, "Where is the Lord God of Elijah?" And when he also had struck the water, it was divided this way and that; and Elisha crossed over.

Consecration

1. Thank God for opening doors for you in this season of consecration and gathering.
2. Ask God for grace to align your life with His plans and purposes for you.
3. Entrust your ways to the Lord; ask Him to help you walk in the ways and paths He has prepared for you.
4. Pray that as you commit your ways to the Lord, He will make a way through difficult situations in your life.

Guidance

5. Thank the Lord for the opportunity to access His guidance and direction for your life.
6. Ask God to help you seek His face at all times.
7. Pray for sensitivity to God's voice and direction as you walk with Him.
8. Pray to God to make a way through every difficult path that lies ahead of you.

Protection

9. Pray for strength to overcome every obstacle that stands in your way to fulfilling God's purpose for your life.
10. Ask God to shield you from every form of danger.
11. Ask the Lord to grant your family victory over every adversity
12. Declare by faith that you will not be drowned by the challenges of life.

Declaration

*I declare that the Lord has empowered me to align my ways with Him. I receive discernment to handle every challenge as the Lord guides me. The Lord has opened a way for me even in the most difficult of situations in Jesus' Name. **Amen.***

Global Missions

- a. **Romania**
- b. **Russia:**
- c. **Rwanda**
- d. **Saint Kitts & Nevis**
- e. **Saint Lucia**

- 13. Ask the Lord to strengthen the church in Romania to boldly declare the Gospel and be a light in their communities.
- 14. Pray for a stirring of the hearts of the spiritual and political leaders of Russia towards God.
- 15. Ask God to use the church in Rwanda as agent of peace, reconciliation, and hope for the entire nation.
- 16. Pray for a deep spiritual awakening for the church in Saint Kitts & Nevis; ask God to raise faithful disciples to proclaim the Gospel in the country.
- 17. Ask for courage for missionaries in Saint Lucia; that they may proclaim the Gospel without fear or compromise.

Work and Career

- 18. Ask God to guide you in choosing the right career path and opportunities that align with His will for you.
- 19. Pray that God will make a way through any challenge you face in your work and career.
- 20. Ask God to grant you wisdom in making the right choices concerning your work and career.
- 21. Pray to God to help you to be excellent in your work and career and bring Him glory.

Gathering

- 22. Ask the Lord to equip you with the capacity to gather abundantly in this season.
- 23. Pray and ask God to help you overcome every challenge that stops you from gathering in this season.
- 24. Ask God to order your steps into gatherings that will have a significant positive influence in every area of your life.
- 25. Prophesy that you have entered into your season of abundance.

Declaration

*Thank you Father that you are restoring the passions of men for you across the globe. I declare that I am exceptional and excellent in my work and career. I receive capacity to accommodate all the blessings you are bringing my way in Jesus' name. **Amen.***

Scripture for Reflection
Isaiah 43:16-19

Thus says the Lord, who makes a way in the sea and a path through the mighty waters, who brings forth the chariot and horse, the army and the power (they shall lie down together, they shall not rise; they are extinguished, they are quenched like a wick): "Do not remember the former things, Nor consider the things of old. Behold, I will do a new thing, now it shall spring forth; shall you not know it? I will even make a road in the wilderness and rivers in the desert.

Declaration

*I declare that my my life is aligned with God's plan and purposes for me. By His divine power, the Lord will make a way for me in every challenge I may face. I proclaim that my season of great gathering is here in Jesus' name. **Amen.***



EXERCISE SELF-CONTROL

All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any. (1 Corinthians 6:12)

DAY 31 - JULY 22

Morning Reflection

Scripture: 1 Corinthians 6:12-20

All things are lawful for me, but all things are not helpful. All things are lawful for me, but I will not be brought under the power of any. Foods for the stomach and the stomach for foods, but God will destroy both it and them. Now the body is not for sexual immorality but for the Lord, and the Lord for the body. And God both raised up the Lord and will also raise us up by His power do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make them members of a harlot? Certainly not! Or do you not know that he who is joined to a harlot is one body with her? For "the two," He says, "shall become one flesh." But he who is joined to the Lord is one spirit with Him. Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's.

Consecration

1. Thank God for your life, family, career and business.
2. Pray and ask God to set you apart for His Kingdom agenda.
3. Ask God to help you align your thoughts and actions to His will.
4. Pray for grace to resist the desires of your flesh.

Guidance

5. Ask God to help you remain steadfast in your Christian walk.
6. Pray for grace to be obedient to the voice of the Holy Spirit.
7. Ask the Lord to help you to deal with ungodly influences.
8. Pray and ask God to make your heart receptive to His word.

Protection

9. Pray and ask God to deliver you from every trap of the enemy.
10. Pray and cover your household and business with the blood of Jesus.
11. Ask the Lord to strengthen you and uphold you in your moments of weakness.
12. Pray and declare that the Lord will be a shield of fire around your dwelling.

Declaration

*I declare that my will and emotions are brought under the Lordship of Christ. The Lord leads and guides me so I overcome every temptation of the enemy. By faith, I declare that I live a life pleasing unto the Lord at all times in Jesus' Name. **Amen.***

Global Missions

- a. **Saint Vincent and the Grenadines**
- b. **Samoa**
- c. **Sao Tome and Principe**
- d. **Saudi Arabia**
- e. **Senegal**

- 13. Pray for the unsaved in **Saint Vincent and the Grenadines** that they will come to the saving knowledge of Christ and become committed Christians.
- 14. Ask the Lord to send more Christian missionaries to the people of **Samoa** and enable more churches to be planted.
- 15. Pray that the Holy Spirit will move through the churches in **Sao Tome and Principe** and that there will be a mighty revival in the land.
- 16. Ask the Lord to touch the hearts of Muslims in **Saudi Arabia** and pray against any persecution that Christians are facing there.
- 17. Pray for a mighty spiritual awakening in **Senegal** and that many souls will be won into God's kingdom.

Work and Career

- 18. Thank God for the work of your hands.
- 19. Ask God for wisdom and insight to make you an exceptional worker.
- 20. Pray for wisdom to manage every resource God has given you.
- 21. Ask God for the grace to remain relevant in your work and career.

Gathering

- 22. Thank God for the ability to gather.
- 23. Pray and ask God for wisdom to enable you gather the right people and substance into your life.
- 24. Ask God for grace to keep what you have gathered; that nothing will be lost.
- 25. Pray that every soul gathered into God's kingdom will be firmly rooted in Him.

Declaration

*I declare in this day that men and women in every nation are receptive to the word of God. I receive wisdom to properly manage every resource God brings into my life. I declare by faith that through me, souls and substance will be gathered into God's kingdom and nothing will be lost or wasted in my life in Jesus' Name. **Amen.***

Scripture for Reflection:
Proverbs 25:28

Whoever has no rule over his own spirit is like a city broken down, without walls.

Declaration

*I declare that I have the power to withstand every weakness and struggle in my life. I have the Spirit of God within me guiding me to make the right decisions and I have overcome every evil obstacle in Jesus' Name. **Amen.***



BUILD AND PLANT

See, I have this day set you over the nations and over the kingdoms, To root out and to pull down, To destroy and to throw down, To build and to plant.” (Jeremiah 1:10)

DAY 32 - JULY 23

Morning Reflection

Scripture: Jeremiah 1:6-19

Then said I: “Ah, Lord GOD! Behold, I cannot speak, for I am a youth.” But the LORD said to me: “Do not say, ‘I am a youth,’ For you shall go to all to whom I send you, And whatever I command you, you shall speak. Do not be afraid of their faces, For I am with you to deliver you,” says the LORD. Then the LORD put forth His hand and touched my mouth, and the LORD said to me: “Behold, I have put My words in your mouth. See, I have this day set you over the nations and over the kingdoms, To root out and to pull down, To destroy and to throw down, To build and to plant.” Moreover the word of the LORD came to me, saying, “Jeremiah, what do you see?” And I said, “I see a branch of an almond tree.” Then the LORD said to me, “You have seen well, for I am ready to perform My word.” And the word of the LORD came to me the second time, saying, “What do you see?” And I said, “I see a boiling pot, and it is facing away from the north.” Then the LORD said to me: “Out of the north calamity shall break forth On all the inhabitants of the land. For behold, I am calling All the families of the kingdoms of the north,” says the LORD; “They shall come and each one set his throne At the entrance of the gates of Jerusalem, Against all its walls all around, And against all the cities of Judah. I will utter My judgments Against them concerning all their wickedness, Because they have forsaken Me, Burned incense to other gods, And worshiped the works of their own hands. “Therefore prepare yourself and arise, And speak to them all that I command you. Do not be dismayed before their faces, Lest I dismay you before them. For behold, I have made you this day A fortified city and an iron pillar; And bronze walls against the whole land—Against the kings of Judah, Against its princes, Against its priests, And against the people of the land. They will fight against you, But they shall not prevail against you. For I am with you,” says the LORD, “to deliver you.”

Consecration

1. Thank God for opportunity to come before him in prayer.
2. Ask God to search your heart and forgive you of any sin.
3. Ask the Lord to set you apart for His will.
4. Pray that the Lord will make you a vessel of honour.

Guidance

5. Thank the Lord for being your very present help in trouble.
6. Ask the Lord to guide you in His truth to enable you take that which belongs to you.
7. Ask the Lord for the Spirit of boldness to walk in the fullness of your destiny.
8. Ask the Lord to help you discern the times and seasons, to know when to plant and build.

Protection

9. Praise the Lord for His protection over your life, family, the church and nation.
10. Pray that the Lord will protect every seed that you have planted and everything you are building from destruction.
11. Ask the Lord for strength to fight against every opposition and take that which belongs to you.
12. Thank the Lord for the victory you have in Christ Jesus.

Declaration

I thank God for who He has made me in Christ. I declare that I am walking in the fullness of my destiny and by the power of the Holy Spirit, I have overcome the evil one and victory is mine. In Jesus' name. Amen.

Global Missions

- a. **Serbia**
 - b. **Seychelles**
 - c. **Sierra Leone**
 - d. **Singapore**
 - e. **Slovakia**
13. Pray for the church in Serbia that they will be bold in living out their faith in Christ Jesus.
 14. Pray for the people in Seychelles that the power of the Holy Spirit will move through the land and bring repentance among them.
 15. Ask the Lord to bring revival and restoration in the nation of Sierra Leone.
 16. Ask God to strengthen Christians in Singapore and make them bold witnesses of Christ.
 17. Ask the Lord to preserve the lives of the missionaries in Slovakia and strengthen them even in times of adversity.

Work and Career

18. Thank God for giving you wisdom and ideas for growth in your work and career.
19. Declare that every seed you have planted will be fruitful.
20. Declare that the work of your hands will flourish and be established.
21. By faith, declare that you have entered into your season of increase, multiplication and overflow.

Gathering

22. Thank God for your family, church and nation.
23. Thank God for giving you the wisdom and the ability to gather.
24. Declare that all that you have gathered in this year will be preserved from destruction.
25. Pray that God will use you to reach out to the unsaved in your community.

Declaration

*I declare that the nations of the world will come to the saving knowledge of Christ. I receive power to uproot and to pull down, to plant and to build in Jesus' Name. **Amen.***

Scripture for Reflection:

Jeremiah 31:28

And it shall come to pass, that as I have watched over them to pluck up, to break down, to throw down, to destroy, and to afflict, so I will watch over them to build and to plant, says the Lord.

Declaration

*Today, I take dominion over all that the Lord has given to me. I declare increase and a great harvest. Everything I plant will be fruitful and everything I build will be divinely completed in Jesus' name. **Amen.***

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